



# THE TRAVELLING DIVER

AN ESSENTIAL GUIDE TO SAFE TRAVEL FOR DIVERS



DISCOVERY | SAFETY | PREVENTION

 **DAN**<sup>®</sup>  
DIVERS ALERT NETWORK EUROPE





Some of the most beautiful dive sites are in the most remote locations.

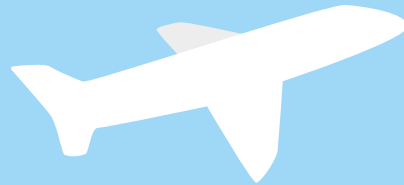
While the seclusion can be appealing, there are certain factors that need to be considered when preparing for any dive trip.

In order to ensure the highest level of safety, travelling divers need to be well prepared and well informed before embarking.

Some research is always going to be necessary. This document is meant to assist with preparations.

# FLYING AFTER DIVING

After your last dive, DAN recommends to wait 12 hours after a single dive, 18 hours after repetitive dives, and a minimum of 24 hours after deco diving before flying. Longer surface intervals can reduce the risk of developing DCI (Decompression Illness).



Single Dive  
with no deco

12+



Repetitive dives  
with no deco

18+



Dives  
with deco

24+

# PACKING CHECKLISTS

## ESSENTIALS

- Passport
- Travel documents
- Emergency information
- Local currency
- Certification card
- DAN Membership card
- Cell phone with charger and adapter, if needed
- Medical aid and/or travel insurance card
- Waterproof bag
- Hat
- Sunscreen
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## GEAR

- BCD
- Booties/fins
- Dive knife
- Dive computer
- Exposure suit
- Gear bag
- Gloves
- Hood
- Lights and charger
- Mask and snorkel
- Regulator
- Surface signal
- Weight belt
- Whistle
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## FIRST AID KIT

- CPR mask
- Gloves
- Tweezers
- Scissors
- Antiseptic wipes
- Bandages
- Gauze pads and rolls
- Medical tape
- Antibiotic ointment
- Medications
- Thermometer
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## “SAVE A DIVE” KIT

- Batteries
- Zipper wax
- Fin buckles and straps
- Duct tape
- Mask strap
- O-rings, o-ring grease, o-ring pick
- Multi-tool
- Regulator mouthpiece
- Neoprene glue
- Cable ties
- Dive tables
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